

Advocating for the 84 million Americans living with a skin condition





## WHO WE SERVE

People with vulvar lichen sclerosus and providers who support them.



### **OUR VISION**

Our vision is a world where those affected by Lichen Sclerosus are informed, educated, and diagnosed early.



## **N**OUR MISSION

We are a not-for-profit organization whose mission is to empower people with Lichen Sclerosus by providing easy-to-understand evidence-based education and support.

How skin conditions

IMPACT

patients



LS mainly affects the vulval-anal area. Signs and symptoms include itching (mostly at night), burning, pain/soreness, white waxy skin or patches, fissures, ulcers, nonhealing legions, or blood blisters, labial resorption or scarring, and scarring of the clitoral hood. It can also lead to an array of mental and emotional health problems and in small cases vulvar cancer.





# **OUR STORY**

Kathy Ruiz-Carter and Lauren Connelly founded LSSN in August 2021 from a collective struggle to find quality easy-to-understand information and support. The lack of resources contributed to their condition progressing and they wanted to help prevent that from happening to others.



LSSN creates quality easy-to-find evidence-based resources through their weekly blog/videos, podcasts, and live virtual events. They also provide free monthly virtual meetups to educate and support the community. LSSN also manages a private off social media membership for community members to have a safe positive environment to learn about their condition without distractions and have a community to ask questions and share experiences with.

#### **GET SOCIAL WITH US**



@lichensclerosussupportnetwork



@lichensclerosussupportnetwork



https://linkedin.com/in/lssn



#### AT A GLANCE HOW WE PROVIDE SUPPORT

- Lichen Sclerosus Podcast on YouTube, Spotify, and Apple Podcasts
- LSSN written blog & video blog
- LSSN YouTube
- Long-form information pages on our website
- Live Virtual Events such as our annual week-long summit
- Virtual support group
- LS Searchable Provider Database

## SCAN TO LEARN MORE ABOUT LICHEN SCLEROSUS SUPPORT NETWORK



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