



IN PARTNERSHIP WITH

**first**<sup>®</sup>Foundation for Ichthyosis & Related Skin Types<sup>®</sup>**WHO WE SERVE**

Our focus and resources are targeted to the United States. However, we respond to everyone who contacts us.

**OUR VISION**

FIRST's vision is to reach every affected person, their family, and all related medical professionals through our comprehensive array of resources, including a support network, publications, and a website housing a vast library of resources.

**OUR MISSION**

To improve lives and seek cures for those affected by ichthyosis and related skin types.

How skin conditions **IMPACT** patients

**Core Values**

- Compassion - We are a caring organization.
- Hope - We strive to convey to all individuals affected by ichthyosis that the future will be filled with friendship, support and a cure for ichthyosis.
- Integrity - We will conduct ourselves in a trustworthy, ethical and reliable.
- Responsiveness - We provide accurate and timely information.



Foundation for  
Ichthyosis & Related  
Skin Types®



# OUR STORY

On January 2nd, 1981 The Foundation for Ichthyosis & Related Skin Types, Inc.® (FIRST) formerly the National Ichthyosis Foundation (N.I.F.) was founded in a doctor's office in San Francisco, California area and moved to Raleigh, North Carolina in 1989. Currently FIRST is a remote office serving members around the world.

## HOW WE MAKE AN IMPACT

The ichthyoses are rare. The good news is FIRST is International in scope and you will receive highly qualified and help and support throughout all stages of your life.


Managing ichthyosis and skin disorders oftentimes presents many medical and psycho-social issues, from birth through early childhood and into adolescence, young adult, adult and elderly stages of life. Our members can pro-actively meet these challenges head-on by an advanced understanding provided by other fellow members along the continuum of physical, medical, emotional, and social needs and solutions.

FIRST is governed by a volunteer Board of Directors and employs a professional staff. FIRST also is advised by nationally and internationally recognized dermatologists and researchers on its Medical and Scientific Advisory Board. We do this most effectively through many useful programs, services, and technology. FIRST supports everyone for life, finding supportive and enriching connections with many useful programs, services, and technology resources.


## AT A GLANCE HOW WE PROVIDE SUPPORT

- Dedicated Board of Directors
- Extremely knowledgeable Medical and Scientific Advisory Board
- Compassionate Staff
- Energized Volunteers

## GET SOCIAL WITH US

 @FoundationforIchthyosis

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 @foundation-for-ichthyosis-and-related-skin-types-inc-first

 @FIRST\_Skin

## SCAN TO LEARN MORE ABOUT FOUNDATION FOR ICHTHYOSIS



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